

**Crystal Therapy** £26.00

Restores balance to the physical & spiritual bodies by restoring light energy to the chakaras & energy field.

**Hands & Feet Treats**

**Luxury Dermalogica manicure** £19.50

Multivitamin hand treatment combines a thorough exfoliation with the intensely moisturising effects of paraffin wax or vitamin mask. Helps to smooth away dull, rough skin. Includes nail & cuticle work & creative nail enamel.

**Mini Manicure** £14.00

File, cuticle tidy, moisturiser & creative enamel

**Luxury Dermalogica Pedicure** £26.00

Relax & revitalise tired feet. A multivitamin foot treatment combines a thorough exfoliation with the intensely moisturising effects of a foot mask hard skin removal & creative enamel.

**Mini Pedicure** £16.00

Foot soak, file, cuticle tidy, moisturiser & creative enamel

**File & Polish** £8.00

**Creative Acrylic or Forze Gel Nails**

Hard wearing American acrylic or gel nail system.

Full set £35.00

Overlay £27.00

Rebalance £23.00

Soak/file off £15.00

Soak/file off (Only if having nails redone) £10.00

Nail replacement £4.00

**Eye Enhancements**

Eyebrow tint £5.00

Eyebrow tint & shape £9.00

Eyelash tint £9.00

Eyebrow & lash tint £14.00

Lash tint & eye brow wax £14.00

Eye brow / lash tint & eye brow wax £19.00

**PHD Waxing**

Revolutionary waxing system that eliminates cross infection

Eye brows £7.00

Full leg £17.00

Half leg £12.00

Under arm £7.00

Bikini line from £8.00

Lip or chin £5.00

**Threading Hair Removal**

Eye Brows £7.00

Lip or chin £5.00

**Spray Tan**

Full body £25.00

Half Body £15.00

Buy one get one 1/2 price £37.50

**Sun Beds**

Stand up & lie down available

3 - 9 minutes £5.00

Course ( 6 sessions ) £25.00

**Late night sun beds**

**Wednesday & Thursday 5 -7pm**

Please give 24hrs notice for cancellations or a cancellation fee may be charged.

**Thank you for choosing  
TimeOut Therapy**



**Time Out  
Therapy**  
Dermalogica Skin &  
Holistic Centre

**Quality Time  
For Quality  
Treatments**

**Opening Hours**

Monday Closed  
Tuesday 9 - 12 pm  
Wednesday 9 - 7 pm  
Thursday 9 - 7 pm  
Friday 9 - 5 pm  
Saturday \* 9 - 12 pm \*

\* Late appointments available Saturday

**Appointments Phone  
Sandra, Nadine  
Kirsty & Gail**

**0 1 6 3 0 6 5 2 4 4 2**

23—25 Shropshire Street.  
Market Drayton.  
Shropshire.  
TF9 3DA



## Quality Time For Quality Treatments

Timeout endeavours to provide a unique service giving you the one to one time you deserve. All products used are of the highest

Face mapping is a revolutionary approach to skin analysis developed by The International Dermal Institute exclusive for Dermalogica. Provides a deep look into your skins health. The latest advances in skin analysis specifically designed to address you personal skin concerns. It's targeted skin care for exceptional results, and its only available from a Dermalogica skin centre.

### Facials

#### Timeout Luxury Collagen / Revitalizing Foot Treatment £45.00

Customized Dermalogica facial with the added benefit of a collagen mask. Helps maintain natural elasticity and improves skin tone. Whilst relaxing you can enjoy an exfoliating and moisturising foot treatment.

#### Power Regeneration £40.00

A powerful Dermalogica treatment for clients concerned with signs of aging. Ideal for prematurely aging, dry, sun damaged skin that needs nourishment, regeneration & energising combined vitamins & hydroxy acid exfoliation.

#### Hot stone Facial £36.00

Customized Dermalogica facial with the added benefit of a warm stone massage. Warm stones are placed on pressure points & a combination of aromatherapy oils are used to relax & energise the body.

#### Dermalogica Facial £32.00

Customized Facial using the revolutionary skin

mapping analysis to ensure a totally personal facial. Includes an aromatherapy upper chest, shoulder, neck & face massage.

#### Collagen Eye Treatment £18.00

Collagen eye pads help, reduce dark circles, fine lines & improves circulation. Relaxing, whilst enjoying a Dermalogica aromatherapy massage.

### Holistic Therapies

#### Aromatherapy Hot Stone Massage £40.00

Three pure essential oils blended personally for you. A deeper massage using warm Basalt stones. Heat radiates from the stones, allowing knotted tissue to be softened, improving joint mobility & leaves you feeling relaxed & calm.

#### Aromatherapy Massage £35.00

Three pure essential oils blended personally for you. Enhances feeling of relaxation & contentment. Excellent for stress, tension, improves blood & lymph circulation & increases energy levels. Includes the indian head massage.

#### Sports Injury Massage £28.00

Treats specific muscles & tissues that have suffered a micro trauma from over stretching, over use (RSI) or a sports related injury.

#### Deep Tissue Massage £35.00

Treats specific muscles that have become tense, tired & aching generally caused from poor posture. Excellent for Pre & Post events as an injury prevention measure.

#### Aromatherapy Indian Head £27.00

The back, chest, shoulders, neck, face and head are massaged with a blend of three customized oils. An excellent treatment for lymphatic drainage, releases endorphins, improves circulation & gives a sense of well being.

#### Facial Rejuvenation Massage £25.00

Ayurvedic facial massage can help to reduce the signs of aging & wrinkles without the need for surgery. It stimulates the facial points leaving the skin feeling refreshed & revitalised. Jade rollers are used to complete the treatment.

#### Reflexology £27.00

Reflex points on the soles, tops & sides of the feet are connected to corresponding areas throughout the body. An excellent treatment for stress management, improves circulation, removal of impurities and toxins. Balances & re-energises the whole body.

#### Thermal Auricular Therapy £25.00

An ancient therapy involving the use of ear candles to bring about a state of health & well being. Very effective treatment for the ear, nose, throat, sinus, tinnitus problems.

#### Auricular Acupuncture £28.00

Involves placing 5 needles in specific pressure point areas in each ear. Benefits weight loss, addictions ( smoking, & alcohol ) stress management, relieves tension & detoxifies.

#### Facial Acupuncture (New Face Lift) £50.00

Join the Stars the for the **WOW** treatment! Helps reduce the appearance of fine lines & wrinkles, brightens the eyes, lifts drooping eye lids & under eye bags, tightens pores moisturises & improves the skin tone. Can be used to treat specific skin condition, look & feel younger.

#### Homeopathy £45.00

Stimulates the bodies natural defences to produce a healing response and re-establish good health.

#### Reiki £30.00

Deeply relaxing treatment that leaves you feeling calm & peaceful. Balances the energies in your body, allowing a free flow of natural energy.